

**2010 Washington Open - 1/21/2010 to 1/24/2010**  
**WKCAC, Federal Way, WA 25yd, Sanction #: Approval A0901-SP**  
**Hosted by Valley Aquatics**  
**Session Report**

Session: 3 Friday Finals

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-2	3 Women 200 Freestyle Relay	16	2	05:30 PM	_____
Finals-2	4 Men 200 Freestyle Relay	13	2	05:36 PM	_____
Finals	5 Women 200 IM	24	3u	05:40 PM	_____
Finals	6 Men 200 IM	24	3u	05:49 PM	_____
Finals	7 Women 50 Freestyle	24	3u	05:57 PM	_____
Finals	8 Men 50 Freestyle	24	3u	06:01 PM	_____
Finals	9 Women 500 Freestyle	24	3u	06:04 PM	_____
Finals	10 Men 500 Freestyle	24	3u	06:22 PM	_____
Finals-2	11 Women 400 Medley Relay	16	2	06:39 PM	_____
Finals-2	12 Men 400 Medley Relay	12	2	06:49 PM	_____
	Swimmer Count for Warm-ups: 137	=====	=====		
	Entry / Heat Totals:	201	26		
	Finish Time			06:59 PM	_____

Session: 5 Saturday Finals

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-2	13 Women 200 Medley Relay	16	2	05:30 PM	_____
Finals-2	14 Men 200 Medley Relay	14	2	05:36 PM	_____
Finals	15 Women 100 Butterfly	24	3u	05:42 PM	_____
Finals	16 Men 100 Butterfly	24	3u	05:47 PM	_____
Finals	17 Women 200 Freestyle	24	3u	05:52 PM	_____
Finals	18 Men 200 Freestyle	24	3u	06:00 PM	_____
Finals	19 Women 100 Breaststroke	24	3u	06:08 PM	_____
Finals	20 Men 100 Breaststroke	24	3u	06:13 PM	_____
Finals	21 Women 100 Backstroke	24	3u	06:19 PM	_____
Finals	22 Men 100 Backstroke	24	3u	06:25 PM	_____
Finals	23 Women 400 IM	24	3u	06:30 PM	_____
Finals	24 Men 400 IM	24	3u	06:46 PM	_____
Finals-1	25 Women 800 Freestyle Relay	8	1	07:01 PM	_____
Finals-1	26 Men 800 Freestyle Relay	8	1	07:10 PM	_____
	Swimmer Count for Warm-ups: 181	=====	=====		
	Entry / Heat Totals:	286	36		
	Finish Time			07:19 PM	_____

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Session: 6 Sundayfinals

Day of Meet: 4 Starts at 04:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	27 Women 200 Backstroke	24	3u	04:30 PM	_____
Finals	28 Men 200 Backstroke	24	3u	04:40 PM	_____
Finals	29 Women 100 Freestyle	24	3u	04:49 PM	_____
Finals	30 Men 100 Freestyle	24	3u	04:54 PM	_____
Finals	31 Women 200 Breaststroke	24	3u	04:58 PM	_____
Finals	32 Men 200 Breaststroke	24	3u	05:08 PM	_____
Finals	33 Women 200 Butterfly	24	3u	05:17 PM	_____
Finals	34 Men 200 Butterfly	24	3u	05:26 PM	_____
	Swimmer Count for Warm-ups: 141	=====	=====		
	Entry / Heat Totals:	192	24		
	Finish Time			05:34 PM	_____