

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
BAUMGARTEN, AVA (Girl 11)				
50 Free	49.32L	F	06/06/2010	Apple Capital 2010
100 Free	1:46.08L	F	06/05/2010	Apple Capital 2010
50 Back	56.32L	F	06/06/2010	Apple Capital 2010
100 Back	2:03.94L	F	06/05/2010	Apple Capital 2010
50 Breast	1:07.09L	F	06/05/2010	Apple Capital 2010
100 Breast	2:31.71L	F	06/06/2010	Apple Capital 2010
50 Fly	59.62L	F	06/05/2010	Apple Capital 2010
Berghof, Madison (Girl 13)				
50 Free	40.80L	F	06/06/2010	Apple Capital 2010
100 Free	1:27.71L	F	06/05/2010	Apple Capital 2010
50 Back	54.07L	F	06/06/2010	Apple Capital 2010
100 Back	1:50.15L	F	06/05/2010	Apple Capital 2010
50 Breast	56.22L	F	06/05/2010	Apple Capital 2010
100 Breast	2:07.94L	F	06/06/2010	Apple Capital 2010
50 Fly	53.12L	F	06/05/2010	Apple Capital 2010
Bock, Carlee (Girl 15)				
50 Free	28.71L	P	07/29/2010	2010 Long Course Championships
100 Free	1:02.69L	P	07/24/2009	2009 PNS Long Course Championships
200 Free	2:18.18L	P	07/16/2010	KING July Invitational
400 Free	4:53.20L	F	05/16/2010	Island Long Course Invitationa
800 Free	10:58.56L	F	05/30/2008	Apple Capital 2008
1500 Free	22:38.13L	F	06/02/2006	Apple Capital Invitational 200
50 Back	34.39LL	F	07/30/2010	2010 Long Course Championships
100 Back	1:10.78LL	F	07/29/2010	2010 Long Course Championships
200 Back	2:30.89L	F	07/25/2009	2009 PNS Long Course Championships
50 Breast	42.99L	F	05/16/2010	Island Long Course Invitationa
100 Breast	1:34.64L	F	05/16/2008	Island Invitational
50 Fly	33.95L	F	05/16/2010	Island Long Course Invitationa
100 Fly	1:21.38L	P	05/15/2010	Island Long Course Invitationa
200 IM	2:38.38L	P	07/23/2009	2009 PNS Long Course Championships
400 IM	5:35.15L	F	07/16/2010	KING July Invitational
Burgos, Jacqueline (Girl 9)				
50 Free	56.47L	F	06/06/2010	Apple Capital 2010
100 Free	2:27.50L	F	06/05/2010	Apple Capital 2010
50 Back	1:06.35L	F	06/05/2010	Apple Capital 2010
100 Back	2:29.95L	F	06/06/2010	Apple Capital 2010
50 Fly	1:18.64L	F	06/06/2010	Apple Capital 2010
CHEN, MENGWEI (Girl 11)				
50 Free	37.80L	F	06/06/2010	Apple Capital 2010
100 Free	1:46.61L	F	06/05/2010	Apple Capital 2010
50 Back	47.37L	F	06/06/2010	Apple Capital 2010
50 Breast	1:02.23L	F	06/05/2010	Apple Capital 2010
Crowley, Bridget (Girl 21)				
50 Free	29.51L	F	07/18/2010	KING July Invitational
100 Free	1:06.38L	P	07/18/2010	KING July Invitational
50 Back	36.27L	F	07/18/2010	KING July Invitational
100 Back	1:20.02L	P	07/17/2010	KING July Invitational
Cui, Bliss (Girl 11)				
50 Free	34.27L	F	06/06/2010	Apple Capital 2010
100 Free	1:19.72L	F	06/05/2010	Apple Capital 2010
200 Free	3:16.03L	F	05/30/2008	Apple Capital 2008
400 Free	6:09.56L	F	07/17/2010	KING July Invitational
50 Back	46.10L	F	07/19/2008	2008 Age Group Seattle Open
100 Back	1:37.04L	F	07/18/2008	2008 Age Group Seattle Open
50 Breast	42.99L	P	08/01/2010	2010 Long Course Championships
100 Breast	1:33.61L	P	07/31/2010	2010 Long Course Championships
200 Breast	3:18.81L	F	07/29/2010	2010 Long Course Championships
50 Fly	41.20L	P	07/18/2010	KING July Invitational
100 Fly	1:49.36L	F	07/18/2008	2008 Age Group Seattle Open

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
200 IM	3:14.93L	P	07/18/2010	KING July Invitational
400 IM	7:02.16L	F	06/04/2010	Apple Capital 2010
Dahl, Grace (Girl 13)				
50 Free	41.02L	F	06/06/2010	Apple Capital 2010
100 Free	1:27.66L	F	06/05/2010	Apple Capital 2010
200 Free	3:10.98L	P	07/16/2010	KING July Invitational
50 Back	48.51L	F	06/06/2010	Apple Capital 2010
100 Back	2:03.05L	F	06/03/2007	2007 Apple Capital Invitationa
50 Breast	57.14L	F	06/05/2010	Apple Capital 2010
100 Breast	2:02.75L	P	07/16/2010	KING July Invitational
50 Fly	42.44L	F	07/18/2010	KING July Invitational
100 Fly	1:39.65L	P	07/16/2010	KING July Invitational
200 IM	3:33.42L	P	07/18/2010	KING July Invitational
400 IM	7:33.04L	F	06/04/2010	Apple Capital 2010
Doyle, Kaitlin (Girl 15)				
50 Free	34.72L	F	05/30/2008	Apple Capital 2008
100 Free	1:13.40L	F	06/05/2010	Apple Capital 2010
400 Free	5:49.54L	F	06/02/2007	2007 Apple Capital Invitationa
800 Free	11:19.01L	F	06/04/2010	Apple Capital 2010
1500 Free	22:53.24L	F	07/14/2006	2006 Age Group Seattle Open
50 Back	41.90L	F	05/30/2008	Apple Capital 2008
100 Back	2:12.72L	F	06/04/2004	2004 Apple Capital Invitationa
50 Breast	42.68L	F	06/05/2010	Apple Capital 2010
100 Breast	1:34.23L	F	06/06/2010	Apple Capital 2010
200 Breast	3:38.57L	F	06/02/2007	2007 Apple Capital Invitationa
50 Fly	35.46L	F	06/05/2010	Apple Capital 2010
100 Fly	1:24.34L	F	06/06/2010	Apple Capital 2010
200 IM	2:58.08L	F	06/06/2010	Apple Capital 2010
FISHER, ALLISON (Girl 17)				
50 Free	27.99LL	F	07/31/2010	2010 Long Course Championships
100 Free	1:00.49LL	F	08/01/2010	2010 Long Course Championships
200 Free	2:13.03L	F	08/12/2010	2010 Western Zone Championships
400 Free	5:01.59L	F	07/17/2010	KING July Invitational
800 Free	10:46.58L	F	06/01/2007	2007 Apple Capital Invitationa
50 Back	34.46L	F	06/06/2010	Apple Capital 2010
100 Back	1:08.98L	F	07/30/2010	2010 Long Course Championships
200 Back	2:28.78L	F	08/11/2010	2010 Western Zone Championships
50 Breast	41.28L	F	06/02/2007	2007 Apple Capital Invitationa
100 Breast	1:35.10L	F	06/25/2009	90th Annual Senior Seattle Ope
200 Breast	3:32.27L	F	06/24/2007	45th Annual Titlow Classic
50 Fly	31.38L	F	07/18/2010	KING July Invitational
100 Fly	1:13.56L	F	06/26/2010	Titlow Classic
200 IM	2:39.17L	F	05/14/2010	Island Long Course Invitationa
400 IM	6:06.41L	F	06/23/2007	45th Annual Titlow Classic
Fowler, Makenna (Girl 8)				
50 Free	58.14L	F	06/06/2010	Apple Capital 2010
Fowler, Shaye (Girl 12)				
50 Free	37.36L	F	06/06/2010	Apple Capital 2010
100 Free	1:21.99L	F	06/05/2010	Apple Capital 2010
50 Back	1:09.25L	F	06/02/2007	2007 Apple Capital Invitationa
100 Back	2:25.43L	F	06/03/2007	2007 Apple Capital Invitationa
50 Breast	48.82L	F	06/05/2010	Apple Capital 2010
100 Breast	1:46.70L	F	06/06/2010	Apple Capital 2010
50 Fly	1:03.99L	F	05/30/2008	Apple Capital 2008
200 IM	4:32.38L	F	05/30/2008	Apple Capital 2008
GUSTAFSON, GRETA (Girl 17)				
50 Free	1:03.41L	F	06/04/2004	2004 Apple Capital Invitationa
200 Free	4:56.00L	F	06/04/2004	2004 Apple Capital Invitationa
50 Back	1:10.54L	F	06/04/2004	2004 Apple Capital Invitationa
50 Breast	47.26L	F	06/05/2010	Apple Capital 2010

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
100 Breast	2:23.51L	F	06/04/2004	2004 Apple Capital Invitationa
Gillman, Madeline (Girl 14)				
50 Free	33.82L	F	06/06/2010	Apple Capital 2010
100 Free	1:14.20L	F	06/05/2010	Apple Capital 2010
400 Free	5:55.78L	F	06/05/2010	Apple Capital 2010
50 Back	39.94L	F	06/06/2010	Apple Capital 2010
100 Back	1:24.58L	F	06/05/2010	Apple Capital 2010
Hawley, Morgan (Girl 12)				
50 Free	37.19L	P	07/18/2010	KING July Invitational
100 Free	1:23.45L	F	06/27/2010	Titlow Classic
200 Free	3:03.93L	P	07/16/2010	KING July Invitational
50 Back	46.69L	F	06/26/2010	Titlow Classic
100 Back	1:35.26L	P	07/17/2010	KING July Invitational
50 Breast	53.77L	P	07/18/2010	KING July Invitational
100 Breast	1:57.97L	F	06/26/2010	Titlow Classic
200 Breast	4:03.13L	P	07/17/2010	KING July Invitational
50 Fly	46.05L	P	07/18/2010	KING July Invitational
100 Fly	1:46.92L	F	06/26/2010	Titlow Classic
200 IM	3:35.65L	F	06/27/2010	Titlow Classic
Hegeberg, Josephine (Girl 14)				
50 Free	31.66L	P	07/18/2010	KING July Invitational
100 Free	1:11.69L	F	06/05/2010	Apple Capital 2010
200 Free	2:35.18L	P	07/16/2010	KING July Invitational
400 Free	5:21.33L	F	07/17/2010	KING July Invitational
800 Free	11:05.83L	F	06/04/2010	Apple Capital 2010
50 Back	38.64L	F	05/16/2010	Island Long Course Invitationa
100 Back	1:27.42L	P	07/17/2010	KING July Invitational
50 Breast	38.59L	F	07/18/2010	KING July Invitational
100 Breast	1:25.24L	F	07/16/2010	KING July Invitational
200 Breast	3:01.88L	F	07/17/2010	KING July Invitational
50 Fly	36.60L	F	05/16/2010	Island Long Course Invitationa
100 Fly	1:32.04L	P	07/16/2010	KING July Invitational
200 IM	2:46.82L	F	07/18/2010	KING July Invitational
400 IM	6:06.38L	F	05/16/2010	Island Long Course Invitationa
Holmdahl, Annalee (Girl 15)				
50 Free	43.19L	F	05/30/2008	Apple Capital 2008
100 Free	1:40.14L	F	05/30/2008	Apple Capital 2008
50 Back	54.50L	F	05/30/2008	Apple Capital 2008
50 Breast	52.93L	F	05/30/2008	Apple Capital 2008
100 Breast	1:59.57L	F	05/30/2008	Apple Capital 2008
200 Breast	4:06.65L	F	05/30/2008	Apple Capital 2008
Jeter, Kimberly (Girl 38)				
50 Free	28.25L	F	07/18/2010	KING July Invitational
100 Free	1:01.00L	P	07/18/2010	KING July Invitational
200 Free	2:14.91L	P	07/16/2010	KING July Invitational
400 Free	4:50.49L	F	07/17/2010	KING July Invitational
100 Back	1:24.22L	F	06/25/2009	90th Annual Senior Seattle Ope
50 Fly	31.82L	F	07/18/2010	KING July Invitational
100 Fly	1:12.22L	P	07/16/2010	KING July Invitational
200 IM	2:50.15L	F	06/25/2009	90th Annual Senior Seattle Ope
Kaestner, Katie (Girl 16)				
50 Free	28.17L	P	07/29/2010	2010 Long Course Championships
100 Free	1:01.27L	F	08/06/2010	North American Challenge Cup
100 Back	1:19.06L	F	05/01/2010	2010 May Flowers Senior Meet
50 Breast	35.88L	F	06/05/2010	UNApple Capital 2010
100 Breast	1:14.99L	F	08/07/2010	North American Challenge Cup
200 Breast	2:47.99L	P	08/05/2010	North American Challenge Cup
50 Fly	32.11L	F	06/05/2010	UNApple Capital 2010
100 Fly	1:13.25L	F	05/01/2010	2010 May Flowers Senior Meet
200 IM	2:35.33L	F	05/02/2010	2010 May Flowers Senior Meet

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
King, Camorah (Girl 16)				
50 Free	30.63L	P	05/15/2010	Island Long Course Invitationa
100 Free	1:04.47LL	F	08/10/2010	2010 Western Zone Championships
200 Free	2:33.59L	F	06/26/2010	Titlow Classic
400 Free	5:12.25L	F	07/17/2010	KING July Invitational
800 Free	11:33.52L	F	06/01/2007	2007 Apple Capital Invitationa
50 Back	38.35L	F	05/16/2008	Island Invitational
100 Back	1:18.42L	F	06/25/2009	90th Annual Senior Seattle Ope
200 Back	2:50.00L	P	08/02/2008	PNS Long Course Championship
50 Breast	36.00L	F	07/18/2010	KING July Invitational
100 Breast	1:19.89L	P	07/24/2009	2009 PNS Long Course Championships
200 Breast	3:00.95L	P	07/29/2010	2010 Long Course Championships
50 Fly	37.24L	F	05/16/2008	Island Invitational
100 Fly	1:24.96L	P	07/16/2010	KING July Invitational
200 IM	2:43.63L	P	05/14/2010	Island Long Course Invitationa
400 IM	5:50.23L	F	07/16/2010	KING July Invitational
Kulm, Roxanne (Girl 14)				
50 Free	44.32L	F	06/06/2010	Apple Capital 2010
100 Free	1:39.18L	F	06/05/2010	Apple Capital 2010
50 Back	52.65L	F	06/06/2010	Apple Capital 2010
100 Back	2:05.61L	F	06/05/2010	Apple Capital 2010
50 Breast	55.06L	F	06/05/2010	Apple Capital 2010
100 Breast	2:05.03L	F	06/06/2010	Apple Capital 2010
LEE, KAITLYN (Girl 14)				
50 Free	40.85L	F	06/06/2010	Apple Capital 2010
100 Free	1:31.00L	F	06/05/2010	Apple Capital 2010
50 Back	51.79L	F	06/06/2010	Apple Capital 2010
100 Back	1:46.73L	F	06/05/2010	Apple Capital 2010
50 Breast	1:03.69L	F	06/05/2010	Apple Capital 2010
100 Breast	2:12.09L	F	06/06/2010	Apple Capital 2010
200 IM	4:00.19L	F	06/06/2010	Apple Capital 2010
Lam, Shirley (Girl 14)				
50 Free	30.66LL	F	07/31/2010	2010 Long Course Championships
100 Free	1:07.54L	F	06/27/2010	Titlow Classic
200 Free	2:36.84L	F	07/19/2008	2008 Age Group Seattle Open
50 Back	34.37LL	F	07/30/2010	2010 Long Course Championships
100 Back	1:15.96L	P	07/26/2009	2009 PNS Long Course Championships
50 Breast	40.41L	F	07/20/2008	2008 Age Group Seattle Open
100 Breast	1:29.44L	P	08/01/2008	PNS Long Course Championship
200 Breast	3:17.62L	P	07/17/2010	KING July Invitational
50 Fly	35.51L	F	06/05/2010	Apple Capital 2010
100 Fly	1:18.78L	P	07/16/2010	KING July Invitational
200 IM	2:46.74L	F	07/18/2010	KING July Invitational
Luttrell, Alyssa (Girl 16)				
50 Free	31.97L	F	06/26/2010	Titlow Classic
200 Free	2:55.51L	F	06/26/2010	Titlow Classic
100 Fly	1:29.12L	F	06/26/2010	Titlow Classic
MAURER, JULIE (Girl 17)				
50 Free	33.18L	P	05/16/2008	Island Invitational
100 Free	1:11.41L	P	05/16/2008	Island Invitational
200 Free	2:33.02L	P	07/16/2010	KING July Invitational
400 Free	5:35.52L	F	06/01/2007	Apple Capital 2007
800 Free	11:17.02L	F	05/01/2010	2010 May Flowers Senior Meet
1500 Free	22:19.26L	F	06/25/2009	90th Annual Senior Seattle Ope
50 Back	40.71L	F	05/16/2008	Island Invitational
100 Back	1:24.44L	F	05/01/2010	2010 May Flowers Senior Meet
200 Back	2:59.45L	P	07/16/2010	KING July Invitational
50 Breast	48.96L	F	05/30/2008	Apple Capital 2008
100 Breast	1:49.73L	F	06/01/2007	Apple Capital 2007
50 Fly	39.61L	F	05/30/2008	Apple Capital 2008

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
100 Fly	1:41.31L	F	05/30/2008	Apple Capital 2008
400 IM	6:29.11L	F	07/16/2010	KING July Invitational
MCLAURIN, MARY (Girl 18)				
50 Free	33.23L	F	05/15/2009	Pacific Coast Invitational
100 Free	1:12.47L	F	06/25/2009	90th Annual Senior Seattle Ope
200 Free	2:35.73L	F	05/15/2009	Pacific Coast Invitational
400 Free	5:26.81L	F	05/15/2009	Pacific Coast Invitational
800 Free	11:00.67L	F	06/25/2009	90th Annual Senior Seattle Ope
50 Back	41.38L	F	06/06/2010	Apple Capital 2010
100 Back	1:28.98L	F	05/30/2008	Apple Capital 2008
200 Back	3:03.48L	F	06/25/2009	90th Annual Senior Seattle Ope
50 Breast	46.30L	F	06/05/2010	Apple Capital 2010
100 Breast	1:32.57L	F	06/25/2009	90th Annual Senior Seattle Ope
200 Breast	3:23.66L	F	06/25/2009	90th Annual Senior Seattle Ope
Martin, Rylie (Girl 16)				
50 Free	29.88L	F	05/16/2008	Island Invitational
100 Free	1:03.01L	F	08/01/2008	PNS Long Course Championship
200 Free	2:14.82L	F	08/03/2008	PNS Long Course Championship
400 Free	4:44.41L	F	01/17/2008	2008 Washington Open
800 Free	9:50.46L	F	07/31/2008	PNS Long Course Championship
50 Back	33.56LL	F	07/30/2010	2010 Long Course Championships
100 Back	1:11.86L	P	01/17/2008	2008 Washington Open
200 Back	2:33.51L	F	05/16/2008	Island Invitational
50 Breast	41.53L	F	05/16/2008	Island Invitational
100 Breast	1:31.34L	F	05/30/2008	Apple Capital 2008
50 Fly	34.06L	F	06/05/2010	Apple Capital 2010
100 Fly	1:18.28L	F	05/30/2008	Apple Capital 2008
200 IM	2:34.93L	P	07/23/2009	2009 PNS Long Course Championships
400 IM	5:24.10L	F	08/01/2008	PNS Long Course Championship
McGuire, Molly (Girl 14)				
50 Free	31.86L	P	07/18/2010	KING July Invitational
100 Free	1:10.16L	P	07/18/2010	KING July Invitational
200 Free	2:33.11L	P	07/16/2010	KING July Invitational
400 Free	5:19.31L	F	07/17/2010	KING July Invitational
1500 Free	22:12.71L	F	06/25/2009	90th Annual Senior Seattle Ope
50 Back	36.56L	F	07/18/2010	KING July Invitational
100 Back	1:18.12L	P	07/17/2010	KING July Invitational
200 Back	2:44.61L	F	07/16/2010	KING July Invitational
100 Fly	1:24.98L	P	07/16/2010	KING July Invitational
McNabb, Anna (Girl 13)				
100 Free	1:17.50L	F	06/05/2010	Apple Capital 2010
50 Back	55.15L	F	05/30/2008	Apple Capital 2008
100 Back	1:40.86L	F	06/05/2010	Apple Capital 2010
50 Breast	48.47L	F	06/05/2010	Apple Capital 2010
100 Breast	2:03.62L	F	05/30/2008	Apple Capital 2008
50 Fly	40.88L	F	06/05/2010	Apple Capital 2010
McNabb, Emme (Girl 10)				
100 Free	1:51.79L	F	06/05/2010	Apple Capital 2010
50 Back	1:00.35L	F	06/05/2010	Apple Capital 2010
50 Breast	59.00L	F	06/05/2010	Apple Capital 2010
Mitchell, Chloe (Girl 11)				
50 Free	45.16L	F	06/06/2010	Apple Capital 2010
100 Free	1:40.05L	F	06/05/2010	Apple Capital 2010
50 Back	1:04.32L	F	06/06/2010	Apple Capital 2010
100 Back	2:13.88L	F	06/05/2010	Apple Capital 2010
50 Fly	55.43L	F	06/05/2010	Apple Capital 2010
Monahan, Kathryn (Girl 13)				
50 Free	38.93L	F	06/06/2010	Apple Capital 2010
100 Free	1:25.84L	F	06/05/2010	Apple Capital 2010
400 Free	6:31.39L	F	06/05/2010	Apple Capital 2010

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
50 Back	49.39L	F	06/06/2010	Apple Capital 2010
100 Back	1:45.62L	F	06/05/2010	Apple Capital 2010
50 Fly	46.69L	F	06/05/2010	Apple Capital 2010
200 IM	3:36.90L	F	06/06/2010	Apple Capital 2010
Morones, Kelli (Girl 16)				
50 Free	32.25L	F	06/25/2009	90th Annual Senior Seattle Ope
100 Free	1:16.93L	P	07/18/2010	KING July Invitational
400 Free	6:31.52L	F	06/25/2009	90th Annual Senior Seattle Ope
50 Back	45.42L	F	06/06/2010	Apple Capital 2010
50 Breast	44.02L	F	07/18/2010	KING July Invitational
100 Breast	1:41.63L	F	06/06/2010	Apple Capital 2010
50 Fly	43.16L	F	06/05/2010	Apple Capital 2010
Nielsen, Olivia (Girl 12)				
50 Free	32.59L	F	05/15/2010	Island Long Course Invitationa
100 Free	1:11.10L	P	05/14/2010	Island Long Course Invitationa
200 Free	2:36.48L	F	05/15/2010	Island Long Course Invitationa
400 Free	5:35.98L	F	07/17/2010	KING July Invitational
50 Back	36.98L	F	07/18/2010	KING July Invitational
100 Back	1:19.94L	P	07/17/2010	KING July Invitational
200 Back	2:57.16L	P	07/31/2010	2010 Long Course Championships
50 Breast	46.95L	F	05/16/2010	Island Long Course Invitationa
100 Breast	1:39.97L	P	05/15/2010	Island Long Course Invitationa
50 Fly	32.41L	F	07/31/2010	2010 Long Course Championships
100 Fly	1:14.07L	F	07/16/2010	KING July Invitational
200 Fly	2:52.24L	P	07/30/2010	2010 Long Course Championships
200 IM	2:53.79L	F	07/18/2010	KING July Invitational
400 IM	6:11.79L	F	07/31/2010	2010 Long Course Championships
Parkinson, Erin (Girl 17)				
50 Free	31.27L	F	07/10/2008	89th Annual Senior Seattle Ope
100 Free	1:06.90L	P	05/16/2008	Island Invitational
200 Free	2:28.99L	F	06/25/2009	90th Annual Senior Seattle Ope
400 Free	4:57.34L	F	07/27/2007	2007 PNS LC Champion
800 Free	10:16.63L	F	07/29/2007	2007 PNS LC Champion
1500 Free	19:39.37L	F	07/26/2007	2007 PNS LC Champion
50 Back	38.38L	F	05/16/2008	Island Invitational
100 Back	1:22.87L	F	06/25/2009	90th Annual Senior Seattle Ope
200 Back	2:51.50L	P	05/16/2008	Island Invitational
50 Breast	39.24L	F	05/16/2008	Island Invitational
100 Breast	1:23.11L	P	07/27/2007	2007 PNS LC Champion
200 Breast	2:58.98L	F	04/20/2007	2007 Island Long Course Invida
50 Fly	35.84L	F	06/05/2010	Apple Capital 2010
100 Fly	1:24.98L	F	06/25/2009	90th Annual Senior Seattle Ope
200 IM	2:45.16L	P	05/16/2008	Island Invitational
400 IM	5:56.37L	F	07/28/2007	2007 PNS LC Champion
Prince-Eichner, Simone (Girl 15)				
100 Free	1:36.00L	F	08/02/2003	Summer Grand Challenge
50 Breast	1:02.22L	F	08/02/2003	Summer Grand Challenge
50 Fly	50.59L	F	08/02/2003	Summer Grand Challenge
ROLEY, GWENDOLYN (Girl 13)				
50 Free	34.34L	P	05/15/2010	Island Long Course Invitationa
100 Free	1:42.91L	F	06/24/2007	45th Annual Titlow Classic
200 Free	2:33.78L	F	06/26/2010	Titlow Classic
400 Free	5:19.39L	F	07/17/2010	KING July Invitational
800 Free	11:32.68L	F	06/04/2010	Apple Capital 2010
1500 Free	21:10.42L	F	07/15/2010	KING July Invitational
50 Back	36.65L	F	07/18/2010	KING July Invitational
100 Back	1:20.12L	P	07/17/2010	KING July Invitational
200 Back	2:48.51L	F	07/16/2010	KING July Invitational
50 Breast	57.89L	F	06/24/2007	45th Annual Titlow Classic
100 Breast	2:08.40L	F	06/23/2007	45th Annual Titlow Classic

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
50 Fly	40.88L	F	06/05/2010	Apple Capital 2010
100 Fly	1:25.49L	P	07/16/2010	KING July Invitational
200 IM	2:56.48L	F	06/27/2010	Titlow Classic
400 IM	6:10.67L	F	07/25/2009	2009 PNS Long Course Championships
Richan, Kailee (Girl 14)				
50 Free	35.72L	F	05/15/2009	Pacific Coast Invitational
100 Free	1:19.19L	F	06/05/2010	Apple Capital 2010
200 Free	2:54.17L	F	05/15/2009	Pacific Coast Invitational
800 Free	12:37.70L	F	06/04/2010	Apple Capital 2010
100 Back	1:36.36L	F	05/15/2009	Pacific Coast Invitational
100 Breast	1:51.75L	F	06/06/2010	Apple Capital 2010
50 Fly	48.36L	F	05/15/2009	Pacific Coast Invitational
STEFFAN, ALIXANDRA (Girl 16)				
50 Free	36.38L	F	06/06/2010	Apple Capital 2010
100 Free	1:16.32L	F	06/05/2010	Apple Capital 2010
50 Back	45.08L	F	06/06/2010	Apple Capital 2010
100 Back	1:36.91L	F	06/05/2010	Apple Capital 2010
50 Breast	44.31L	F	06/05/2010	Apple Capital 2010
100 Breast	1:38.20L	F	06/06/2010	Apple Capital 2010
Salomon, Maria (Girl 8)				
50 Free	47.28L	F	06/06/2010	Apple Capital 2010
50 Back	55.74L	F	06/05/2010	Apple Capital 2010
Schick, Erin (Girl 17)				
50 Free	36.05L	F	05/15/2009	Pacific Coast Invitational
100 Free	1:19.50L	F	06/25/2009	90th Annual Senior Seattle Ope
200 Free	3:03.08L	F	06/25/2009	90th Annual Senior Seattle Ope
400 Free	6:23.98L	F	06/25/2009	90th Annual Senior Seattle Ope
800 Free	13:25.57L	F	06/25/2009	90th Annual Senior Seattle Ope
1500 Free	25:25.50L	F	06/25/2009	90th Annual Senior Seattle Ope
100 Back	1:29.66L	F	06/27/2010	Titlow Classic
200 Back	3:13.51L	F	05/02/2010	2010 May Flowers Senior Meet
50 Breast	42.58L	F	06/05/2010	Apple Capital 2010
100 Breast	1:34.92L	F	05/02/2010	2010 May Flowers Senior Meet
200 Breast	3:19.32L	F	07/17/2010	KING July Invitational
100 Fly	1:34.62L	P	07/16/2010	KING July Invitational
200 Fly	3:22.79L	P	07/17/2010	KING July Invitational
200 IM	3:11.43L	F	05/02/2010	2010 May Flowers Senior Meet
400 IM	6:54.54L	F	06/04/2010	Apple Capital 2010
Schleh, Elizabeth (Girl 18)				
50 Free	29.58LL	F	07/31/2010	2010 Long Course Championships
100 Free	1:03.48LL	F	08/01/2010	2010 Long Course Championships
200 Free	2:23.27L	P	07/16/2010	KING July Invitational
400 Free	5:04.11L	F	06/27/2010	Titlow Classic
100 Back	1:16.93L	F	07/17/2010	KING July Invitational
200 Back	2:47.84L	F	07/16/2010	KING July Invitational
100 Fly	1:17.47L	P	07/16/2010	KING July Invitational
200 IM	2:44.63L	F	07/18/2010	KING July Invitational
Seefried, Lindsay (Girl 17)				
50 Free	32.08L	F	06/06/2010	Apple Capital 2010
100 Free	1:08.14L	F	06/05/2010	Apple Capital 2010
200 Free	2:34.10L	F	06/23/2007	45th Annual Titlow Classic
400 Free	5:41.44L	F	06/02/2006	Apple Capital Invitational 200
50 Back	47.19L	F	06/25/2005	Titlow Classic
50 Breast	48.21L	F	06/02/2006	Apple Capital Invitational 200
100 Breast	1:42.81L	F	06/06/2010	Apple Capital 2010
50 Fly	33.94L	F	06/05/2010	Apple Capital 2010
100 Fly	1:21.90L	F	06/06/2010	Apple Capital 2010
200 Fly	3:35.39L	F	06/02/2007	2007 Apple Capital Invitationa
Shenkin, Audrey (Girl 13)				
50 Free	31.15L	F	07/18/2010	KING July Invitational

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
100 Free	1:06.22L	P	07/18/2010	KING July Invitational
200 Free	2:29.24L	F	06/26/2010	Titlow Classic
400 Free	5:21.11L	F	07/17/2010	KING July Invitational
50 Back	38.65L	F	05/16/2010	Island Long Course Invitationa
100 Back	1:20.43L	P	07/17/2010	KING July Invitational
200 Back	2:49.47L	F	07/16/2010	KING July Invitational
50 Breast	41.46L	P	07/26/2009	2009 PNS Long Course Championships
100 Breast	1:25.39L	P	07/31/2010	2010 Long Course Championships
200 Breast	3:02.93L	P	07/29/2010	2010 Long Course Championships
50 Fly	36.41L	F	05/16/2010	Island Long Course Invitationa
100 Fly	1:21.39L	F	06/06/2010	Apple Capital 2010
200 Fly	3:14.37L	F	06/05/2010	Apple Capital 2010
200 IM	2:43.50L	F	07/18/2010	KING July Invitational
400 IM	5:57.70L	F	06/26/2010	Titlow Classic
Shewchuk, Taylor (Girl 13)				
50 Free	29.91L	P	07/29/2010	2010 Long Course Championships
100 Free	1:04.72L	P	07/30/2010	2010 Long Course Championships
200 Free	2:20.48L	F	07/16/2010	KING July Invitational
400 Free	5:04.78L	F	07/17/2010	KING July Invitational
50 Back	36.68L	F	05/16/2010	Island Long Course Invitationa
100 Back	1:15.54L	P	07/30/2010	2010 Long Course Championships
200 Back	2:49.94L	F	06/26/2010	Titlow Classic
50 Breast	38.44L	F	05/16/2010	Island Long Course Invitationa
100 Breast	1:20.42L	F	07/16/2010	KING July Invitational
200 Breast	2:52.76L	F	07/29/2010	2010 Long Course Championships
50 Fly	38.02L	F	05/16/2010	Island Long Course Invitationa
200 IM	2:43.52L	F	06/27/2010	Titlow Classic
Siegfried, Julie (Girl 15)				
50 Free	37.76L	F	05/30/2008	Apple Capital 2008
100 Free	1:20.66L	F	05/30/2008	Apple Capital 2008
50 Breast	49.55L	F	05/30/2008	Apple Capital 2008
100 Breast	1:49.01L	F	05/30/2008	Apple Capital 2008
50 Fly	40.84L	F	05/30/2008	Apple Capital 2008
100 Fly	1:38.35L	F	05/30/2008	Apple Capital 2008
200 IM	3:24.32L	F	05/30/2008	Apple Capital 2008
Smith, Madison (Girl 14)				
100 Free	1:24.60L	F	06/05/2010	Apple Capital 2010
200 Free	3:07.59L	F	06/06/2010	Apple Capital 2010
400 Free	6:34.55L	F	06/05/2010	Apple Capital 2010
50 Breast	50.97L	F	06/05/2010	Apple Capital 2010
100 Breast	1:52.73L	F	06/06/2010	Apple Capital 2010
50 Fly	42.81L	F	06/05/2010	Apple Capital 2010
Smith, Natalie (Girl 11)				
50 Free	59.52L	F	06/06/2010	Apple Capital 2010
100 Free	2:20.78L	F	06/05/2010	Apple Capital 2010
50 Back	1:04.16L	F	06/05/2010	Apple Capital 2010
100 Back	2:32.27L	F	06/06/2010	Apple Capital 2010
Terrell, Sydney (Girl 11)				
50 Free	46.07L	F	06/06/2010	Apple Capital 2010
100 Free	1:48.83L	F	06/05/2010	Apple Capital 2010
50 Back	56.98L	F	06/06/2010	Apple Capital 2010
50 Breast	1:10.16L	F	06/05/2010	Apple Capital 2010
100 Breast	2:39.36L	F	06/06/2010	Apple Capital 2010
50 Fly	1:11.88L	F	06/05/2010	Apple Capital 2010
Thomas, Alissa (Girl 14)				
50 Free	34.03L	F	06/06/2010	Apple Capital 2010
100 Free	1:17.47L	F	06/05/2010	Apple Capital 2010
50 Back	44.98L	F	06/06/2010	Apple Capital 2010
100 Back	1:36.43L	F	06/05/2010	Apple Capital 2010
50 Breast	44.44L	F	06/05/2010	Apple Capital 2010

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
100 Breast	1:49.45L	F	06/06/2010	Apple Capital 2010
50 Fly	38.39L	F	06/05/2010	Apple Capital 2010
200 IM	3:22.10L	F	06/06/2010	Apple Capital 2010
VLASIC, JESSICA (Girl 19)				
50 Free	29.08L	F	04/21/2006	Island Invitational- Long Cour
100 Free	1:01.46L	P	07/26/2007	PNS Long Course Championship
200 Free	2:11.54L	P	07/15/2008	Speedo Senior Section Champs
400 Free	4:35.76L	F	07/26/2007	PNS Long Course Championship
800 Free	9:55.08L	F	06/01/2007	Apple Capital 2007
1500 Free	18:38.99L	F	06/02/2006	Apple Capital Invitational 200
50 Back	33.83LL	F	07/24/2009	2009 PNS Long Course Championships
100 Back	1:11.01L	F	05/06/2006	May Flowers
200 Back	2:26.29L	P	07/26/2007	PNS Long Course Championship
50 Breast	42.94L	F	06/04/2004	2004 Apple Capital Invitationa
100 Breast	1:29.04L	P	04/21/2006	Island Invitational- Long Cour
200 Breast	3:09.32L	P	07/29/2004	Pacific Northwest Swimming Lon
50 Fly	32.55L	F	05/16/2010	Island Long Course Invitationa
100 Fly	1:15.93L	F	05/30/2008	Apple Capital 2008
200 IM	2:32.90L	F	05/16/2008	Island Invitational
400 IM	5:24.41L	F	07/31/2010	2010 Long Course Championships
VONFELDT, ABIGAIL (Girl 13)				
50 Free	39.47L	F	05/30/2008	Apple Capital 2008
100 Free	1:51.72L	F	06/02/2007	2007 Apple Capital Invitationa
50 Back	46.15L	F	05/30/2008	Apple Capital 2008
100 Back	1:46.64L	F	05/30/2008	Apple Capital 2008
50 Breast	53.90L	F	05/30/2008	Apple Capital 2008
100 Breast	1:59.54L	F	05/30/2008	Apple Capital 2008
50 Fly	57.58L	F	05/30/2008	Apple Capital 2008
200 IM	3:45.62L	F	05/30/2008	Apple Capital 2008
Weller, Emily (Girl 13)				
50 Free	42.87L	F	06/17/2006	Pacific Rim Classic
100 Free	1:49.34L	F	06/25/2005	Titlow Classic
50 Back	47.49L	F	06/17/2006	Pacific Rim Classic
100 Back	1:46.29L	F	07/14/2006	2006 Age Group Seattle Open
50 Breast	1:02.35L	F	06/25/2005	Titlow Classic
50 Fly	50.51L	F	06/17/2006	Pacific Rim Classic
100 Fly	2:04.89L	F	07/14/2006	2006 Age Group Seattle Open
Whitney, Jenna (Girl 16)				
50 Free	30.59L	F	06/26/2010	Titlow Classic
100 Free	1:09.03L	F	06/27/2010	Titlow Classic
200 Free	2:36.84L	P	07/16/2010	KING July Invitational
800 Free	12:08.33L	F	06/04/2010	UNApple Capital 2010
100 Back	1:18.34L	F	06/27/2010	Titlow Classic
200 Back	2:51.81L	F	06/26/2010	Titlow Classic
50 Breast	35.55L	F	07/18/2010	KING July Invitational
100 Breast	1:17.30L	F	08/13/2010	2010 Western Zone Championships
200 Breast	2:52.54L	F	08/11/2010	2010 Western Zone Championships
50 Fly	32.31L	F	07/18/2010	KING July Invitational
100 Fly	1:16.70L	F	06/26/2010	Titlow Classic
200 IM	2:41.59L	F	06/27/2010	Titlow Classic
400 IM	6:06.77L	F	05/01/2010	2010 May Flowers Senior Meet
Wurtz, Madeline (Girl 10)				
50 Free	43.89L	F	07/18/2010	KING July Invitational
100 Free	1:37.35L	F	06/27/2010	Titlow Classic
50 Back	54.78L	F	06/05/2010	Apple Capital 2010
100 Back	1:58.34L	F	06/27/2010	Titlow Classic
50 Breast	59.68L	F	06/27/2010	Titlow Classic
50 Fly	1:02.23L	F	06/27/2010	Titlow Classic
200 IM	4:11.46L	F	07/18/2010	KING July Invitational
Akland, Evan (Boy 15)				

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
50 Free	27.82L	F	05/01/2010	2010 May Flowers Senior Meet
100 Free	1:01.34L	F	05/02/2010	2010 May Flowers Senior Meet
200 Free	2:15.09L	F	07/16/2010	KING July Invitational
400 Free	4:57.89L	F	07/17/2010	KING July Invitational
100 Back	1:13.53L	P	07/17/2010	KING July Invitational
200 Back	2:37.69L	F	07/16/2010	KING July Invitational
50 Breast	36.51L	F	07/18/2010	KING July Invitational
100 Breast	1:20.82L	P	07/16/2010	KING July Invitational
200 Breast	2:53.07L	F	07/17/2010	KING July Invitational
50 Fly	30.57L	F	07/18/2010	KING July Invitational
200 IM	2:33.31L	F	06/06/2010	Apple Capital 2010
400 IM	5:38.71L	F	06/04/2010	Apple Capital 2010
Akland, Karl (Boy 15)				
50 Free	26.98L	F	07/18/2010	KING July Invitational
100 Free	1:00.80L	P	07/18/2010	KING July Invitational
200 Free	2:20.04L	F	05/01/2010	2010 May Flowers Senior Meet
50 Back	40.95L	F	06/06/2010	UNApple Capital 2010
100 Back	1:15.55L	P	07/17/2010	KING July Invitational
200 Back	3:00.78L	F	05/02/2010	2010 May Flowers Senior Meet
50 Breast	41.88L	F	06/05/2010	UNApple Capital 2010
100 Breast	1:30.74L	P	07/16/2010	KING July Invitational
200 Breast	3:17.93L	P	07/17/2010	KING July Invitational
50 Fly	31.86L	F	07/18/2010	KING July Invitational
100 Fly	1:20.27L	P	07/16/2010	KING July Invitational
200 IM	2:53.31L	F	05/02/2010	2010 May Flowers Senior Meet
Avery, Cole (Boy 13)				
50 Free	29.70L	F	06/06/2010	Apple Capital 2010
100 Free	1:00.06L	F	07/30/2010	2010 Long Course Championships
200 Free	2:12.48L	P	08/01/2010	2010 Long Course Championships
400 Free	4:50.15L	F	07/24/2009	2009 PNS Long Course Championships
50 Back	31.31L	F	08/01/2010	2010 Long Course Championships
100 Back	1:06.92LL	F	07/29/2010	2010 Long Course Championships
200 Back	2:28.62L	F	07/31/2010	2010 Long Course Championships
50 Breast	37.99L	F	06/05/2010	Apple Capital 2010
100 Breast	1:26.15L	F	06/06/2010	Apple Capital 2010
200 Breast	2:59.91L	F	06/05/2010	Apple Capital 2010
50 Fly	29.38L	F	07/31/2010	2010 Long Course Championships
100 Fly	1:04.94L	F	08/01/2010	2010 Long Course Championships
200 IM	2:33.29L	F	07/23/2009	2009 PNS Long Course Championships
400 IM	5:18.84L	F	07/31/2010	2010 Long Course Championships
BERRY, RUDOLPH (Boy 10)				
50 Free	45.81L	F	06/06/2010	Apple Capital 2010
100 Free	1:42.07L	F	06/05/2010	Apple Capital 2010
50 Back	58.94L	F	06/05/2010	Apple Capital 2010
50 Breast	1:11.60L	F	06/05/2010	Apple Capital 2010
BERRY, SIMON (Boy 8)				
50 Free	1:05.87L	F	06/06/2010	Apple Capital 2010
50 Back	1:28.92L	F	06/05/2010	Apple Capital 2010
BROGAN, DONOVAN (Boy 19)				
50 Free	28.14L	F	05/16/2008	Island Invitational
100 Free	1:01.59L	F	05/15/2009	Pacific Coast Invitational
200 Free	2:14.97L	F	05/15/2009	Pacific Coast Invitational
400 Free	4:51.04L	F	05/16/2008	Island Invitational
50 Back	33.11L	F	05/16/2010	Island Long Course Invitationa
100 Back	1:15.62L	F	05/15/2009	Pacific Coast Invitational
100 Breast	1:30.97L	F	06/23/2007	45th Annual Titlow Classic
50 Fly	30.10L	F	05/16/2010	Island Long Course Invitationa
100 Fly	1:02.39L	P	07/26/2009	2009 PNS Long Course Championships
200 Fly	2:24.57L	P	07/24/2009	2009 PNS Long Course Championships
200 IM	2:25.89L	P	07/23/2009	2009 PNS Long Course Championships

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
Beck, Taylor (Boy 16)				
50 Free	28.75L	P	07/18/2010	KING July Invitational
100 Free	1:05.94L	F	06/05/2010	Apple Capital 2010
200 Free	2:30.44L	P	07/16/2010	KING July Invitational
50 Back	34.81L	F	05/16/2010	Island Long Course Invitationa
100 Back	1:18.88L	F	06/05/2010	Apple Capital 2010
50 Breast	40.30L	F	05/16/2010	Island Long Course Invitationa
50 Fly	31.29L	P	07/18/2010	KING July Invitational
100 Fly	1:16.81L	P	07/16/2010	KING July Invitational
200 IM	2:41.91L	F	07/18/2010	KING July Invitational
Burgos, Ricardo (Boy 12)				
100 Free	1:41.98L	F	06/05/2010	Apple Capital 2010
100 Back	2:11.68L	F	06/05/2010	Apple Capital 2010
50 Breast	1:12.33L	F	06/05/2010	Apple Capital 2010
CHANG, SHAO-YU (Boy 12)				
50 Free	32.34L	F	06/26/2010	Titlow Classic
100 Free	1:18.29L	F	05/15/2009	Pacific Coast Invitational
200 Free	2:48.53L	F	07/20/2008	2008 Age Group Seattle Open
400 Free	5:47.80L	F	07/17/2010	KING July Invitational
50 Back	37.98L	P	08/01/2010	2010 Long Course Championships
100 Back	1:25.07L	P	07/30/2010	2010 Long Course Championships
200 Back	2:57.84L	F	07/16/2010	KING July Invitational
50 Breast	37.92L	P	08/01/2010	2010 Long Course Championships
100 Breast	1:24.44L	F	07/31/2010	2010 Long Course Championships
200 Breast	3:06.49L	F	07/29/2010	2010 Long Course Championships
50 Fly	36.30L	P	07/31/2010	2010 Long Course Championships
200 IM	2:54.88L	F	07/18/2010	KING July Invitational
400 IM	6:16.34L	F	07/16/2010	KING July Invitational
CURTIS, ALEXANDER (Boy 14)				
50 Free	27.20L	F	07/29/2010	2010 Long Course Championships
100 Free	58.02L	P	07/30/2010	2010 Long Course Championships
200 Free	2:07.30L	P	08/01/2010	2010 Long Course Championships
400 Free	4:40.18L	F	07/30/2010	2010 Long Course Championships
800 Free	10:02.85L	F	06/04/2010	Apple Capital 2010
50 Back	36.98L	F	06/06/2010	Apple Capital 2010
100 Back	1:08.54L	P	07/30/2010	2010 Long Course Championships
200 Back	2:34.53L	F	07/16/2010	KING July Invitational
200 Breast	3:00.23L	P	07/17/2010	KING July Invitational
50 Fly	31.03L	F	06/05/2010	Apple Capital 2010
100 Fly	1:06.10L	F	07/16/2010	KING July Invitational
200 Fly	2:55.00L	F	05/15/2009	Pacific Coast Invitational
200 IM	2:24.68L	F	07/29/2010	2010 Long Course Championships
400 IM	5:09.19L	F	07/31/2010	2010 Long Course Championships
Cui, Allen (Boy 15)				
50 Free	27.70L	F	07/23/2009	2009 PNS Long Course Championships
100 Free	1:01.57L	P	07/18/2010	KING July Invitational
200 Free	2:17.22L	P	07/26/2009	2009 PNS Long Course Championships
400 Free	5:01.38L	F	07/17/2010	KING July Invitational
50 Back	38.01L	F	05/30/2008	Apple Capital 2008
100 Back	1:14.81L	P	07/17/2010	KING July Invitational
200 Back	2:42.84L	P	08/02/2008	PNS Long Course Championship
50 Breast	40.95L	F	05/30/2008	Apple Capital 2008
100 Breast	1:22.29L	P	07/24/2009	2009 PNS Long Course Championships
200 Breast	2:58.22L	F	07/17/2010	KING July Invitational
50 Fly	34.68L	P	07/28/2007	2007 PNS LC Champion
100 Fly	1:10.31L	P	07/26/2009	2009 PNS Long Course Championships
200 Fly	3:24.88L	F	06/24/2007	45th Annual Titlow Classic
200 IM	2:31.28L	F	07/18/2010	KING July Invitational
400 IM	5:36.78L	F	07/25/2009	2009 PNS Long Course Championships
Evans, Addison (Boy 15)				

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
50 Free	28.24L	F	07/18/2010	KING July Invitational
100 Free	1:05.90L	F	05/02/2010	2010 May Flowers Senior Meet
200 Free	2:37.35L	F	06/25/2009	90th Annual Senior Seattle Ope
400 Free	5:39.50L	F	05/15/2009	Pacific Coast Invitational
50 Back	36.75L	F	06/06/2010	Apple Capital 2010
100 Back	1:18.35L	P	07/17/2010	KING July Invitational
200 Back	3:05.54L	F	05/15/2009	Pacific Coast Invitational
50 Breast	33.10L	F	07/18/2010	KING July Invitational
100 Breast	1:09.67L	F	08/13/2010	2010 Western Zone Championships
200 Breast	2:37.33L	F	08/11/2010	2010 Western Zone Championships
50 Fly	32.31L	F	06/05/2010	Apple Capital 2010
100 Fly	1:17.79L	P	07/16/2010	KING July Invitational
200 IM	2:45.78L	F	05/02/2010	2010 May Flowers Senior Meet
Evans, Alexander (Boy 13)				
50 Free	33.95L	F	06/06/2010	Apple Capital 2010
100 Free	1:21.28L	F	06/05/2010	Apple Capital 2010
50 Back	49.27L	F	06/06/2010	Apple Capital 2010
100 Back	1:47.87L	F	06/05/2010	Apple Capital 2010
50 Breast	46.02L	F	06/05/2010	Apple Capital 2010
100 Breast	1:51.89L	F	06/06/2010	Apple Capital 2010
50 Fly	41.46L	F	06/05/2010	Apple Capital 2010
200 IM	3:43.03L	F	06/06/2010	Apple Capital 2010
FISH, ANTHONY (Boy 18)				
50 Free	27.79L	F	06/25/2009	90th Annual Senior Seattle Ope
100 Free	59.47LL	F	08/01/2010	2010 Long Course Championships
200 Free	2:12.70L	P	08/05/2008	2008 Western Zones Swimming Ch
400 Free	4:31.21L	F	07/24/2009	2009 PNS Long Course Championships
800 Free	9:16.15L	F	07/29/2010	2010 Long Course Championships
1500 Free	17:53.88L	F	08/07/2010	North American Challenge Cup
50 Back	29.63LL	F	07/24/2009	2009 PNS Long Course Championships
100 Back	1:03.26L	P	07/26/2009	2009 PNS Long Course Championships
200 Back	2:19.23L	P	07/25/2009	2009 PNS Long Course Championships
50 Breast	42.25L	F	06/01/2007	Apple Capital 2007
100 Breast	1:28.22L	F	05/30/2008	Apple Capital 2008
50 Fly	30.91L	F	05/16/2010	Island Long Course Invitationa
100 Fly	1:09.10L	P	07/16/2010	KING July Invitational
200 IM	2:35.25L	F	06/25/2009	90th Annual Senior Seattle Ope
400 IM	5:18.82L	F	05/15/2009	Pacific Coast Invitational
Fish, Robert (Boy 17)				
50 Free	25.55L	F	08/07/2010	North American Challenge Cup
100 Free	54.89L	F	07/30/2010	2010 Long Course Championships
200 Free	2:01.03L	F	08/01/2010	2010 Long Course Championships
400 Free	4:25.07L	F	07/17/2010	KING July Invitational
50 Back	30.15LL	F	08/05/2008	2008 Western Zones Swimming Ch
100 Back	1:01.79L	F	07/30/2010	2010 Long Course Championships
200 Back	2:16.25L	P	07/25/2009	2009 PNS Long Course Championships
50 Breast	33.73L	F	06/05/2010	Apple Capital 2010
100 Breast	1:09.23L	P	07/24/2009	2009 PNS Long Course Championships
200 Breast	2:34.75L	P	07/25/2009	2009 PNS Long Course Championships
50 Fly	27.41L	F	07/18/2010	KING July Invitational
100 Fly	58.79L	F	08/05/2009	North American Challenge Cup
200 Fly	2:18.89L	F	08/06/2010	North American Challenge Cup
200 IM	2:13.13L	F	07/23/2009	2009 PNS Long Course Championships
400 IM	4:51.14L	F	07/31/2010	2010 Long Course Championships
GREGORY, PATRICK (Boy 16)				
50 Free	26.80L	F	07/23/2009	2009 PNS Long Course Championships
100 Free	1:00.61L	P	07/24/2009	2009 PNS Long Course Championships
400 Free	5:28.18L	F	05/15/2009	Pacific Coast Invitational
50 Back	36.25L	F	05/16/2010	Island Long Course Invitationa

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
100 Back	1:22.72L	F	06/25/2009	90th Annual Senior Seattle Ope
50 Breast	34.62L	F	05/16/2010	Island Long Course Invitationa
100 Breast	1:14.76L	F	07/24/2009	2009 PNS Long Course Championships
200 Breast	2:48.23L	F	07/25/2009	2009 PNS Long Course Championships
50 Fly	32.07L	F	05/16/2010	Island Long Course Invitationa
100 Fly	1:06.34L	F	07/26/2009	2009 PNS Long Course Championships
200 Fly	2:49.25L	F	06/25/2009	90th Annual Senior Seattle Ope
200 IM	2:30.04L	P	07/23/2009	2009 PNS Long Course Championships
400 IM	5:48.26L	F	05/15/2009	Pacific Coast Invitational
HSIEH, MIN-YEN (Boy 17)				
50 Free	26.81LL	F	07/31/2010	2010 Long Course Championships
100 Free	59.24L	F	07/18/2010	KING July Invitational
200 Free	2:14.23L	F	07/16/2010	KING July Invitational
400 Free	4:42.73L	F	07/17/2010	KING July Invitational
1500 Free	20:52.16L	F	06/01/2007	2007 Apple Capital Invitationa
50 Back	36.15L	F	05/30/2008	Apple Capital 2008
100 Back	1:08.19L	P	07/17/2010	KING July Invitational
200 Back	2:41.20L	F	06/25/2009	90th Annual Senior Seattle Ope
50 Breast	34.02L	F	07/18/2010	KING July Invitational
100 Breast	1:13.33L	P	07/24/2009	2009 PNS Long Course Championships
200 Breast	2:38.13L	F	07/17/2010	KING July Invitational
50 Fly	32.94L	F	05/30/2008	Apple Capital 2008
100 Fly	1:10.32L	F	06/25/2009	90th Annual Senior Seattle Ope
200 Fly	2:39.39L	P	07/24/2009	2009 PNS Long Course Championships
200 IM	2:24.11L	P	07/18/2010	KING July Invitational
400 IM	5:14.35L	F	07/25/2009	2009 PNS Long Course Championships
Hakeman, Colin (Boy 12)				
50 Free	1:10.17L	F	05/30/2008	Apple Capital 2008
100 Free	1:56.47L	F	05/30/2008	Apple Capital 2008
50 Back	1:00.60L	F	05/30/2008	Apple Capital 2008
100 Back	2:10.28L	F	05/30/2008	Apple Capital 2008
50 Breast	1:09.13L	F	05/30/2008	Apple Capital 2008
Hegeberg, Jonathan (Boy 12)				
50 Free	35.17L	P	05/15/2010	Island Long Course Invitationa
100 Free	1:20.69L	F	06/05/2010	Apple Capital 2010
200 Free	3:12.42L	F	05/15/2009	Pacific Coast Invitational
50 Back	43.39L	F	05/16/2010	Island Long Course Invitationa
100 Back	1:41.04L	F	06/05/2010	Apple Capital 2010
50 Breast	46.96L	F	05/16/2010	Island Long Course Invitationa
100 Breast	1:43.63L	P	05/15/2010	Island Long Course Invitationa
50 Fly	50.44L	F	06/05/2010	Apple Capital 2010
Hunter, Arden (Boy 18)				
50 Free	28.44L	P	07/18/2010	KING July Invitational
100 Free	1:02.65L	F	05/05/2007	May Flowers
200 Free	2:27.62L	P	07/27/2006	Pacific Northwest Swimming LCM
400 Free	5:30.88L	F	06/02/2006	Apple Capital Invitational 200
50 Back	32.55L	F	07/18/2010	KING July Invitational
100 Back	1:12.98L	P	07/17/2010	KING July Invitational
200 Back	3:08.54L	F	06/25/2005	43rd Annual Titlow Classic
50 Breast	39.06L	F	06/05/2010	Apple Capital 2010
100 Breast	1:21.22L	F	07/16/2010	KING July Invitational
200 Breast	3:05.83L	F	07/05/2007	88th Annual SeniorSeattle Open
50 Fly	34.52L	F	06/01/2007	Apple Capital 2007
100 Fly	1:17.59L	P	07/16/2010	KING July Invitational
200 IM	2:35.02L	F	05/05/2007	May Flowers
400 IM	5:54.98L	F	04/21/2006	Island Invitational- Long Cour
Hunter, Louis (Boy 14)				
50 Free	29.48L	P	07/18/2010	KING July Invitational
100 Free	1:06.38L	P	07/18/2010	KING July Invitational
200 Free	2:31.82L	P	07/16/2010	KING July Invitational

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
800 Free	10:57.41L	F	07/15/2010	KING July Invitational
50 Back	42.61L	F	06/06/2010	Apple Capital 2010
100 Back	1:21.47L	P	07/17/2010	KING July Invitational
200 Back	2:58.14L	P	07/16/2010	KING July Invitational
50 Breast	44.36L	F	06/05/2010	Apple Capital 2010
100 Breast	1:38.78L	F	05/15/2009	Pacific Coast Invitational
200 Breast	3:32.40L	F	05/15/2009	Pacific Coast Invitational
100 Fly	1:23.34L	P	07/16/2010	KING July Invitational
200 Fly	3:05.92L	F	06/05/2010	Apple Capital 2010
200 IM	2:52.57L	P	07/18/2010	KING July Invitational
400 IM	6:33.41L	F	05/15/2009	Pacific Coast Invitational
Hunter, Samuel (Boy 10)				
50 Free	37.71L	F	07/18/2010	KING July Invitational
100 Free	1:25.65L	F	07/18/2010	KING July Invitational
200 Free	3:06.40L	F	07/16/2010	KING July Invitational
400 Free	6:38.17L	F	07/17/2010	KING July Invitational
50 Back	55.61L	F	06/05/2010	Apple Capital 2010
100 Back	1:52.18L	F	07/17/2010	KING July Invitational
50 Breast	50.80L	F	07/18/2010	KING July Invitational
100 Breast	1:55.32L	F	07/16/2010	KING July Invitational
Hutchinson, William (Boy 14)				
50 Free	29.67L	F	06/26/2010	Titlow Classic
100 Free	1:05.70L	F	06/27/2010	Titlow Classic
200 Free	2:23.75L	F	06/26/2010	Titlow Classic
400 Free	5:09.60L	F	06/27/2010	Titlow Classic
50 Back	38.44L	F	06/06/2010	Apple Capital 2010
100 Back	1:17.32L	F	06/27/2010	Titlow Classic
200 Back	2:43.71L	F	06/26/2010	Titlow Classic
50 Breast	49.76L	F	05/30/2008	Apple Capital 2008
100 Breast	1:30.57L	F	06/06/2010	Apple Capital 2010
50 Fly	33.99L	F	06/05/2010	Apple Capital 2010
200 IM	2:51.15L	F	06/06/2010	Apple Capital 2010
KLIPSCH, CASEY (Boy 16)				
50 Free	26.51L	P	07/29/2010	2010 Long Course Championships
100 Free	57.93L	F	05/02/2010	2010 May Flowers Senior Meet
200 Free	2:08.31L	F	07/16/2010	KING July Invitational
400 Free	4:41.21L	F	06/27/2010	Titlow Classic
50 Back	30.94LL	F	05/01/2010	2010 May Flowers Senior Meet
100 Back	1:06.33L	P	07/30/2010	2010 Long Course Championships
200 Back	2:23.52L	P	07/31/2010	2010 Long Course Championships
50 Fly	28.24L	F	06/05/2010	Apple Capital 2010
100 Fly	1:01.51L	P	07/16/2010	KING July Invitational
200 IM	2:25.06L	F	07/18/2010	KING July Invitational
King, Rowan (Boy 11)				
50 Free	31.35L	F	06/26/2010	Titlow Classic
100 Free	1:10.15L	P	07/30/2010	2010 Long Course Championships
200 Free	2:33.02L	F	07/16/2010	KING July Invitational
400 Free	5:19.11L	F	07/30/2010	2010 Long Course Championships
50 Back	42.25L	F	06/06/2010	Apple Capital 2010
100 Back	1:26.22L	P	07/17/2010	KING July Invitational
200 Back	3:00.06L	P	07/31/2010	2010 Long Course Championships
50 Breast	41.99L	P	08/01/2010	2010 Long Course Championships
100 Breast	1:34.61L	P	07/31/2010	2010 Long Course Championships
200 Breast	3:20.45L	P	07/29/2010	2010 Long Course Championships
100 Fly	1:42.74L	P	07/16/2010	KING July Invitational
200 IM	2:55.04L	F	07/18/2010	KING July Invitational
Lo, Christopher (Boy 11)				
50 Free	49.91L	F	06/06/2010	Apple Capital 2010
50 Back	1:04.91L	F	06/06/2010	Apple Capital 2010
50 Breast	58.89L	F	06/05/2010	Apple Capital 2010

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
100 Breast	2:22.10L	F	06/06/2010	Apple Capital 2010
Mielke, Shea (Boy 11)				
50 Free	38.35L	F	06/06/2010	Apple Capital 2010
100 Free	1:23.54L	F	06/05/2010	Apple Capital 2010
400 Free	6:25.69L	F	06/05/2010	Apple Capital 2010
50 Back	46.19L	P	07/18/2010	KING July Invitational
100 Back	1:38.55L	F	06/05/2010	Apple Capital 2010
50 Fly	45.77L	F	06/05/2010	Apple Capital 2010
Nims, Tristan (Boy 17)				
100 Free	1:07.19L	F	06/05/2010	Apple Capital 2010
50 Breast	42.10L	F	06/05/2010	Apple Capital 2010
100 Breast	1:27.82L	F	06/06/2010	Apple Capital 2010
Relay, Stuart (Boy 12)				
50 Free	47.43L	F	06/06/2010	Apple Capital 2010
100 Free	1:45.30L	F	06/05/2010	Apple Capital 2010
100 Back	2:04.58L	F	06/05/2010	Apple Capital 2010
50 Breast	1:05.38L	F	06/05/2010	Apple Capital 2010
100 Breast	2:11.52L	F	06/06/2010	Apple Capital 2010
Richan, Calvin (Boy 12)				
50 Free	37.63L	F	05/15/2009	Pacific Coast Invitational
100 Free	1:21.88L	F	06/05/2010	Apple Capital 2010
800 Free	13:23.75L	F	06/04/2010	Apple Capital 2010
50 Back	43.86L	F	05/15/2009	Pacific Coast Invitational
100 Back	1:39.07L	F	06/05/2010	Apple Capital 2010
200 Back	3:25.24L	F	05/15/2009	Pacific Coast Invitational
50 Breast	55.38L	F	06/05/2010	Apple Capital 2010
50 Fly	50.89L	F	06/05/2010	Apple Capital 2010
SCOTT, MITCHELL (Boy 16)				
50 Free	29.81L	F	06/06/2010	Apple Capital 2010
100 Free	1:04.85L	F	06/05/2010	Apple Capital 2010
200 Free	2:37.00L	F	06/23/2007	45th Annual Titlow Classic
50 Back	39.57L	F	05/30/2008	Apple Capital 2008
100 Back	1:22.21L	F	06/05/2010	Apple Capital 2010
50 Breast	47.76L	F	06/02/2007	2007 Apple Capital Invitational
100 Breast	1:30.93L	F	05/30/2008	Apple Capital 2008
200 Breast	3:39.78L	F	06/24/2007	45th Annual Titlow Classic
50 Fly	34.76L	F	06/05/2010	Apple Capital 2010
100 Fly	1:28.54L	F	05/30/2008	Apple Capital 2008
200 IM	3:01.32L	F	06/24/2007	45th Annual Titlow Classic
SHENKIN, ZACHARY (Boy 11)				
50 Free	34.54L	F	07/24/2009	2009 PNS Long Course Championships
100 Free	1:17.79L	F	07/18/2010	KING July Invitational
200 Free	2:54.40L	F	06/26/2010	Titlow Classic
50 Back	45.07L	F	06/05/2010	Apple Capital 2010
100 Back	1:32.29L	F	07/17/2010	KING July Invitational
50 Breast	55.20L	F	06/05/2010	Apple Capital 2010
100 Breast	1:59.85L	F	06/26/2010	Titlow Classic
50 Fly	41.04L	F	07/25/2009	2009 PNS Long Course Championships
100 Fly	1:41.20L	F	05/15/2009	Pacific Coast Invitational
200 IM	3:27.22L	F	06/27/2010	Titlow Classic
Salomon, Jonah (Boy 10)				
50 Free	41.19L	F	06/06/2010	Apple Capital 2010
100 Free	1:36.45L	F	06/05/2010	Apple Capital 2010
50 Back	47.75L	F	06/05/2010	Apple Capital 2010
50 Breast	56.21L	F	06/05/2010	Apple Capital 2010
50 Fly	1:00.94L	F	06/06/2010	Apple Capital 2010
Schleh, Daniel (Boy 13)				
50 Free	30.58L	P	07/18/2010	KING July Invitational
100 Free	1:06.22L	P	07/18/2010	KING July Invitational
200 Free	2:35.09L	F	06/26/2010	Titlow Classic

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
400 Free	5:12.52L	F	07/17/2010	KING July Invitational
100 Back	1:23.10L	P	07/17/2010	KING July Invitational
50 Fly	34.11L	F	07/18/2010	KING July Invitational
100 Fly	1:19.57L	F	06/26/2010	Titlow Classic
400 IM	5:55.06L	F	07/31/2010	2010 Long Course Championships
Schleh, Ian (Boy 15)				
50 Free	27.42L	F	06/26/2010	Titlow Classic
100 Free	59.06L	F	07/18/2010	KING July Invitational
200 Free	2:13.45L	F	06/26/2010	Titlow Classic
400 Free	4:43.68L	F	06/27/2010	Titlow Classic
100 Back	1:12.89L	P	07/17/2010	KING July Invitational
200 Back	2:40.79L	F	05/02/2010	2010 May Flowers Senior Meet
50 Fly	29.60L	P	07/18/2010	KING July Invitational
100 Fly	1:08.81L	F	06/26/2010	Titlow Classic
200 Fly	2:55.20L	F	05/02/2010	2010 May Flowers Senior Meet
200 IM	2:33.76L	F	06/27/2010	Titlow Classic
400 IM	5:35.05L	F	06/26/2010	Titlow Classic
Small, Andrew (Boy 15)				
50 Free	28.57L	P	07/18/2010	KING July Invitational
100 Free	1:01.93L	F	06/05/2010	Apple Capital 2010
200 Free	2:09.73L	P	05/15/2010	Island Long Course Invitationa
400 Free	4:30.28L	F	07/30/2010	2010 Long Course Championships
800 Free	9:18.17L	F	07/29/2010	2010 Long Course Championships
50 Back	32.78LL	F	07/24/2009	2009 PNS Long Course Championships
100 Back	1:09.39L	F	07/26/2009	2009 PNS Long Course Championships
200 Back	2:29.27L	F	07/25/2009	2009 PNS Long Course Championships
50 Breast	37.24L	F	05/16/2010	Island Long Course Invitationa
100 Breast	1:22.33L	P	08/01/2008	PNS Long Course Championship
200 Breast	2:52.49L	P	07/25/2009	2009 PNS Long Course Championships
50 Fly	31.41L	F	06/05/2010	Apple Capital 2010
100 Fly	1:29.64L	F	04/20/2007	2007 Island Long Course Invita
200 IM	2:27.42L	F	07/18/2010	KING July Invitational
400 IM	5:20.46L	F	07/16/2010	KING July Invitational
Summerton, WESTERN-LI (Boy 16)				
50 Free	29.99L	F	06/06/2010	Apple Capital 2010
100 Free	1:05.69L	F	06/05/2010	Apple Capital 2010
200 Free	2:30.72L	F	06/23/2007	Titlow Classic
400 Free	5:31.66L	F	06/01/2007	Apple Capital 2007
50 Back	38.97L	F	06/01/2007	Apple Capital 2007
100 Back	1:23.44L	F	06/01/2007	Apple Capital 2007
200 Back	2:50.57L	P	04/20/2007	2007 Island Long Course Invita
50 Breast	39.86L	F	06/05/2010	Apple Capital 2010
100 Breast	1:35.66L	F	06/23/2007	Titlow Classic
50 Fly	35.00L	F	06/01/2007	Apple Capital 2007
100 Fly	1:13.42L	F	06/06/2010	Apple Capital 2010
400 IM	5:57.49L	F	04/20/2007	2007 Island Long Course Invita
Swan, Peter (Boy 11)				
50 Free	42.71L	F	06/06/2010	Apple Capital 2010
100 Free	1:36.66L	F	06/05/2010	Apple Capital 2010
50 Back	58.35L	F	06/06/2010	Apple Capital 2010
100 Back	1:59.66L	F	06/05/2010	Apple Capital 2010
50 Breast	1:02.49L	F	06/05/2010	Apple Capital 2010
Wilbour, Curran (Boy 15)				
50 Free	30.07L	F	06/06/2010	Apple Capital 2010
100 Free	1:04.03L	F	06/05/2010	Apple Capital 2010
400 Free	4:57.93L	F	06/05/2010	Apple Capital 2010
50 Back	38.94L	F	06/06/2010	Apple Capital 2010
100 Back	1:21.38L	F	06/05/2010	Apple Capital 2010
50 Breast	45.67L	F	05/30/2008	Apple Capital 2008
100 Breast	1:45.24L	F	05/30/2008	Apple Capital 2008

Athlete Name	Best Time	P/F/T	Swim Date	Meet Name
50 Fly	32.81L	F	06/05/2010	Apple Capital 2010
100 Fly	1:19.95L	F	06/06/2010	Apple Capital 2010
Williamson, Elijah (Boy 16)				
100 Free	1:01.16L	F	06/27/2010	Titlow Classic
50 Fly	31.63L	F	07/18/2010	KING July Invitational
200 Fly	3:04.63L	F	06/27/2010	Titlow Classic
200 IM	2:40.91L	F	07/18/2010	KING July Invitational